FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

Basketball Gym @ Fercho YMCA

Fercho YMCA January 1st - May 31st

400 1st Avenue South Fargo, ND 58103 (701) 293-9622

	MON	TUE	WED	THU	FRI	SAT	SUN
5am	Open Gym Basketball Gym 5am - 8:30am	Open Gym Basketball Gym 5am - 11:30am	Open Gym Basketball Gym 5am - 8:30am	Open Gym Basketball Gym 5am - 11:30am	Open Gym Basketball Gym 5am - 8:30am		
6am						Open Gym Basketball Gym 6am - 7:30am	Open Gym Basketball Gym 6am - 10am
7am						Adult Member Basketball Basketball Gym 7:30am - 9:30am	
8am	Pickle Ball Basketball Gym 8:30am - 10am		Pickle Ball Basketball Gym 8:30am - 10am		Pickle Ball Basketball Gym 8:30am - 10am		
10am	Open Gym Basketball Gym 10am - 11:30am		Open Gym Basketball Gym 10am - 11:30am		Open Gym Basketball Gym 10am - 11:30am		Adult Member Basketball Basketball Gym 10am - 12pm
11am	Adult Member Basketball Basketball Gym 11:30am - 1:30pm						
12pm						Open Gym Basketball Gym - East 12pm - 1:30pm	Open Gym Basketball Gym 12pm - 7:30pm
1pm	Open Gym Basketball Gym - East 1:30pm - 4:15pm	Open Gym Basketball Gym 1:30pm - 3:30pm	Open Gym Basketball Gym - East 1:30pm - 4:15pm	Open Gym Basketball Gym 1:30pm - 3:30pm	Open Gym Basketball Gym - East 1:30pm - 4:15pm	Open Gym Basketball Gym 1:30pm - 7:30pm	
	Open Gym Basketball Gym - West 1:30pm - 6:30pm		Open Gym Basketball Gym - West 1:30pm - 6:30pm		Open Gym Basketball Gym - West 1:30pm - 6:30pm		
3pm		Open Gym Basketball Gym - East 3:30pm - 5pm		Open Gym Basketball Gym - East 3:30pm - 6pm			
5pm	Open Gym Basketball Gym - East 5pm - 6:30pm		Open Gym Basketball Gym - East 5pm - 6:30pm		Open Gym Basketball Gym - East 5pm - 6:30pm		
6pm	Adult Member Basketball Basketball Gym 6:30pm - 8:30pm	Open Gym Basketball Gym - East 6:15pm - 8:30pm	Adult Member Basketball Basketball Gym 6:30pm - 8:30pm		Adult Member Basketball Basketball Gym 6:30pm - 8:30pm		
7pm				Open Gym Basketball Gym - East 7pm - 8:30pm			
8pm	Open Gym Basketball Gym 8:30pm - 10:30pm						

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.



Class Descriptions Fercho YMCA

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Adult Member Basketball - Adult Member Basketball includes pick-up games for participants ages 18 and older.

Open Gym - The Y's Basketball Gyms are the perfect pace for friends and family of all ages to play together and get in shape!

Pickle Ball - Pickle Ball includes pick-up games for participants ages 18 and older. If interested in playing, stop by the Member Services Desk for equipment.