



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Climbing Wall @ Schlossman

Climbing Wall @ Schlossman YMCA

January 1st - May 31st

4243 19th Avenue S

Fargo, ND 58103

(701) 281-0126

	MON	TUE	WED	THU	FRI	SAT	SUN
12pm						Open Climb* 12:15pm - 7pm	Open Climb* 12pm - 7pm
3pm		Open Climb 3:30pm - 5:15pm		Open Climb 3:30pm - 5:30pm			
5pm	Open Climb 5pm - 6:15pm		Open Climb 5pm - 8pm		Open Climb 5pm - 10pm		
6pm	Intro to Belay Class 6:15pm - 7:30pm	Open Climb 6:15pm - 9:30pm					
7pm	Open Climb 7:30pm - 10:30pm			Open Climb 7:30pm - 9:30pm			
8pm			Adult Open Climb 8pm - 10pm				

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.



## Class Descriptions

### Schlossman YMCA

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**Adult Open Climb** - Anyone is welcome to come climb the wall! A waiver needs to be signed by a parent or guardian for those under 18 years of age.

**Intro to Belay Class** - This 75-minute class is for ages 16 and up and is an intro to the basic skills needed to safely enjoy climbing and belaying on your own. You must take this class to before taking your YMCA Belay Certification Test. Please call 701.281.0126 to enroll.

**Open Climb** - Anyone is welcome during Open Climb! It's the perfect place for people of all ages to play together and get in shape! Climbers may be belayed by a staff member or use the auto belays. A climbing waiver must be signed at the Member Services Desk.

**Open Climb\*** - Anyone is welcome to climb during Open Climb! It is Open Climb between 1-4pm if not birthday parties or rentals.