



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Kids' Gym Schedule

Kids' Gym @ Fercho YMCA

January 2nd - May 28th

400 1st Avenue South

Fargo, ND 58103

(701) 293-9622

	MON	TUE	WED	THU	FRI	SAT	SUN
5am	Family Time 5am - 4:30pm	Family Time 5am - 10:15am	Family Time 5am - 10:15am	Family Time 5am - 4:30pm	Family Time 5am - 3:30pm		
6am						Family Time 6am - 12pm	Family Time 6am - 8am
8am							Birthday Parties 8am - 3pm
11am		Family Time 11:15am - 11pm	Family Time 11:15am - 1:45pm				
12pm						Birthday Parties 12pm - 3pm	
2pm			Family Time 2:45pm - 11pm				Sunday Fun Day 2pm - 5pm
3pm					Birthday Parties 3:30pm - 11pm	Family Time 3pm - 5pm	
4pm	Birthday Parties 4:30pm - 11pm			Birthday Parties 4:30pm - 11pm			
5pm						Birthday Parties 5pm - 8pm	Birthday Parties 5pm - 8pm

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.



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Class Descriptions

Fercho YMCA

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Birthday Parties - The Fercho and Schlossman YMCA's are a great place to bring any group, large or small. We have rental options for all ages and can customize to include any combination of activity areas. Interested in a rental? Contact Nancy at 701.364.4137.

Family Time - Serving families has always been at the heart of the Y - that's why we offer Family Time, a time for families to play and have fun together. During our family time, there may be YMCA program children joining in the fun!

Sunday Fun Day - Join us for FAMILY FUN in the Kids' Gym, Xerzone, Basketball Gym and Pools! There will also be a Family Group Fitness Class (2:30-3:30pm, Studio A). Free for members. Discounted day pass for non-members (\$15 for family). Snack included.