



# Schlossman Basketball Gym

## Summer Schedule

Basketball Gym @ Schlossman YMCA

May 30th - September 4th

4243 19th Avenue S

Fargo, ND 58103

(701) 281-0126

	MON	TUE	WED	THU	FRI	SAT	SUN
5am	<b>Open Gym</b> 5am - 8am	<b>Open Gym</b> 5am - 8am	<b>Open Gym</b> 5am - 8am	<b>Open Gym</b> 5am - 8am	<b>Open Gym</b> 5am - 8am		
6am						<b>Open Gym</b> 6am - 1pm	<b>Open Gym</b> 6am - 1pm
8am	<b>YMCA Program</b> 8am - 5pm	<b>YMCA Program</b> 8am - 5pm	<b>YMCA Program</b> 8am - 5pm	<b>YMCA Program</b> 8am - 5pm	<b>YMCA Program</b> 8am - 5pm		
1pm						<b>Table Tennis</b> 1pm - 4pm	<b>Table Tennis</b> 1pm - 4pm
4pm						<b>Open Gym</b> 4pm - 7:30pm	<b>Open Gym</b> 4pm - 7:30pm
5pm	<b>Open Gym</b> 5pm - 10:30pm	<b>Open Gym</b> 5pm - 10:30pm	<b>Open Gym</b> 5pm - 7pm	<b>Open Gym</b> 5pm - 10:30pm	<b>Open Gym</b> 5pm - 10:30pm		
7pm			<b>Table Tennis</b> 7pm - 10pm				

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.



# Class Descriptions

## Schlossman YMCA

4243 19th Avenue S  
Fargo, ND 58103  
(701) 281-0126

**Open Gym** - The Y's Basketball Gyms are the perfect place for friends and family of all ages to play together and get in shape!

**Table Tennis** - Table Tennis includes pick-up games for participants ages 8 and older. If interested in playing, stop by the Member Services Desk for equipment (balls are \$0.25).

**YMCA Program** - YMCA programs allow youth and adults to build skills, confidence and strong relationships. To learn about YMCA programs and how to get registered, visit [ymcacasclay.org](http://ymcacasclay.org).