



Xerzone @ Schlossman YMCA  
 May 30th - September 4th

4243 19th Avenue S  
 Fargo, ND 58103  
 (701) 281-0126

	MON	TUE	WED	THU	FRI	SAT	SUN
12pm						Open XerZone 12pm - 5pm	Open XerZone 12pm - 5pm
6pm	Open XerZone 6pm - 8pm	Open XerZone 6pm - 8pm	Open XerZone 6pm - 8pm	Open XerZone 6pm - 8pm	Open XerZone 6pm - 8pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.