



Fercho Basketball Gym Schedule

Fercho YMCA

January 1st - May 26th

400 1st Avenue South

Fargo, ND 58103

(701) 293-9622

	MON	TUE	WED	THU	FRI	SAT	SUN
5am	Open Gym Basketball Gym 5am - 8am	Open Gym Basketball Gym 5am - 6am	Open Gym Basketball Gym 5am - 8am	Open Gym Basketball Gym 5am - 6am	Open Gym Basketball Gym 5am - 6am		
6am		Adult Member Basketball Basketball Gym 6am - 7:30am		Adult Member Basketball Basketball Gym 6am - 7:30am	Adult Member Basketball Basketball Gym 6am - 7:30am	Open Gym Basketball Gym 6am - 7:30am	Open Gym Basketball Gym 6am - 10am
7am		Open Gym Basketball Gym 7:30am - 8am		Open Gym Basketball Gym 7:30am - 8am	Open Gym Basketball Gym 7:30am - 8am	Adult Member Basketball Basketball Gym 7:30am - 9am	
8am	Pickle Ball Basketball Gym 8am - 10am	Pickle Ball Basketball Gym 8am - 9:30am	Pickle Ball Basketball Gym 8am - 10am	Pickle Ball Basketball Gym 8am - 9:30am	Pickle Ball Basketball Gym 8am - 10am		
9am		YMCA Childcare Basketball Gym 9:30am - 10:30am		YMCA Childcare Basketball Gym 9:30am - 10:30am		Open Gym Basketball Gym 9am - 9:30am	
						Youth Basketball Skills Basketball Gym - East 9:30am - 1pm	
						Youth Gymnastics Basketball Gym - West 9:30am - 2pm	
10am	Open Gym Basketball Gym 10:30am - 11:30am	Open Gym Basketball Gym 10:30am - 11:30am	Open Gym Basketball Gym 10:30am - 11:30am	Open Gym Basketball Gym 10:30am - 11:30am	Open Gym Basketball Gym 10:30am - 11:30am		Adult Member Basketball Basketball Gym 10am - 12pm
11am	Adult Member Basketball Basketball Gym 11:30am - 1:30pm	Adult Member Basketball Basketball Gym 11:30am - 1:30pm	Adult Member Basketball Basketball Gym 11:30am - 1:30pm	Adult Member Basketball Basketball Gym 11:30am - 1:30pm	Adult Member Basketball Basketball Gym 11:30am - 1:30pm		
12pm							Open Gym Basketball Gym 12pm - 7:30pm
1pm	Open Gym Basketball Gym 1:30pm - 4pm	Open Gym Basketball Gym 1:30pm - 4pm	Open Gym Basketball Gym 1:30pm - 4pm	Open Gym Basketball Gym 1:30pm - 4pm	Open Gym Basketball Gym 1:30pm - 4pm	Open Gym Basketball Gym - East 1pm - 3pm	
2pm						Wall Ball Basketball Gym - West 2pm - 3pm	
3pm						Pickle Ball Basketball Gym 3pm - 5pm	
4pm	YMCA Childcare Basketball Gym 4pm - 5pm	Open Gym Basketball Gym 4pm - 4:30pm	YMCA Childcare Basketball Gym 4pm - 5pm	YMCA Childcare Basketball Gym 4pm - 5pm	YMCA Childcare Basketball Gym 4pm - 5pm		
		Youth Gymnastics Basketball Gym - West 4:30pm - 8pm					

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.



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	MON	TUE	WED	THU	FRI	SAT	SUN
5pm	Youth Basketball Practice* Basketball Gym 5pm - 8pm	Youth Basketball Practice* Basketball Gym 5pm - 8pm	Wall Ball Basketball Gym - West 5pm - 6pm	Youth Basketball Practice* Basketball Gym 5pm - 8pm	Wall Ball Basketball Gym - West 5pm - 6pm	Open Gym Basketball Gym 5pm - 7:30pm	
		Baton Twirling Basketball Gym - East 5pm - 6pm					
7pm			Pickle Ball Basketball Gym - East 7pm - 9pm		Pickle Ball Basketball Gym - East 7pm - 9pm		
8pm	Open Gym Basketball Gym 8pm - 10:30pm	Open Gym Basketball Gym 8pm - 10:30pm		Open Gym Basketball Gym 8pm - 10:30pm			
9pm			Open Gym Basketball Gym 9pm - 10:30pm		Open Gym Basketball Gym 9pm - 10:30pm		

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Class Descriptions Fercho YMCA

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Adult Member Basketball - Adult Member Basketball includes pick-up games for participants ages 18 and older.

Baton Twirling - This is a paid program offered at Member and Non-Member rates to help kids reach their full potential. Focusing on skills and new ways to stay active in life, these are great ways to work on youth development and have some fun!

Open Gym - The Y's Basketball Gyms are the perfect pace for friends and family of all ages to play together and get in shape!

Pickle Ball - Pickle Ball includes pick-up games for participants ages 18 and older. If interested in playing, stop by the Member Services Desk for equipment.

Wall Ball - Free for all members, come play one-wall handball in our gymnasium to improve hand-eye coordination, get a great workout, and meet new friends. Pick-up games encouraged!

YMCA Childcare - During this time, our different Childcare programs at the YMCA will focus on physical activity and burn off steam.

Youth Basketball Practice* - YMCA Youth Basketball League practice. Gym not available during this time. Practices start January 28 and end March 9 for the Winter 2019 Season. *When there is not practice, open gym will resume*

Youth Basketball Skills - This is a paid program offered at Member and Non-Member rates to help kids reach their full potential. Focusing on skills and new ways to stay active in life, these are great ways to work on youth development and have some fun!

Youth Gymnastics - This is a paid program offered at Member and Non-Member rates to help kids reach their full potential. Focusing on skills and new ways to stay active in life, these are great ways to work on youth development and have some fun!