



Fercho Xerzone Schedule  
 Xerzone @ Fercho YMCA  
 January 1st - May 26th

400 1st Avenue South  
 Fargo, ND 58103  
 (701) 293-9622

	MON	TUE	WED	THU	FRI	SAT	SUN
10am						Open Xerzone 10am - 5pm	Open Xerzone 10am - 5pm
4pm	Open Xerzone 4pm - 8pm	Open Xerzone 4pm - 8pm	Open Xerzone 4pm - 8pm	Open Xerzone 4pm - 8pm	Open Xerzone 4pm - 8pm		

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.



## Class Descriptions Fercho YMCA

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**Open Xerzone** - The Xerzones are the perfect place for friends and family of all ages to play together and get in shape! They offer interactive computer games that keep you active and engaged! Youth under the age of 8 must be accompanied by an adult 16 or older.