



Climbing Wall Schedule - February 2019

Climbing Wall @ Schlossman YMCA

February 1st - February 28th

4243 19th Avenue S

Fargo, ND 58103

(701) 281-0126

	MON	TUE	WED	THU	FRI	SAT	SUN
10am						YMCA Program YMCA Instructor 10am - 12pm	
12pm						Open Climb* YMCA Instructor 12pm - 7pm	Open Climb* YMCA Instructor 12pm - 7pm
3pm	Open Climb YMCA Instructor 3pm - 6:15pm	Open Climb YMCA Instructor 3pm - 10:30pm	Open Climb YMCA Instructor 3pm - 7pm	Open Climb YMCA Instructor 3pm - 5:30pm	Open Climb YMCA Instructor 3pm - 7pm		
5pm				YMCA Program YMCA Instructor 5:30pm - 9pm			
6pm	Intro to Belay Class YMCA Instructor 6:15pm - 7:30pm						
7pm	Open Climb YMCA Instructor 7:30pm - 10:30pm		Adult Open Climb YMCA Instructor 7pm - 10:30pm		College Night YMCA Instructor 7pm - 10:30pm		
9pm				Adult Open Climb YMCA Instructor 9pm - 10:30pm			

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.



Class Descriptions Schlossman YMCA

4243 19th Avenue S
 Fargo, ND 58103
(701) 281-0126

Adult Open Climb - Anyone is welcome to come climb the wall! A waiver needs to be signed by a parent or guardian for those under 18 years of age.

College Night - Show your College ID at the Member Services Desk and use the Climbing Wall for just \$5!

Intro to Belay Class - This 75-minute class is for ages 16 and up and is an intro to the basic skills needed to safely enjoy climbing and belaying on your own. You must take this class to before taking your YMCA Belay Certification Test. Please call 701.281.0126 to enroll.

Open Climb - Anyone is welcome during Open Climb! It's the perfect place for people of all ages to play together and get in shape! Climbers may be belayed by a staff member or use the auto belays. A climbing waiver must be signed at the Member Services Desk.

Open Climb* - Anyone is welcome to climb during Open Climb! It is Open Climb between 1-4pm if not birthday parties or rentals.

YMCA Program - YMCA programs allow youth and adults to build skills, confidence and strong relationships. To learn about YMCA programs and how to get registered, visit ymcacasclay.org.